

# Walsgrave Weekly - 10.10.25

Together we  
Thrive



October is Black History Month (BHM) in the UK, when we seek to acknowledge and celebrate the contributions of Black people to British society and globally. The theme for BHM 2025 is "Standing Firm in Power and Pride," which recognises the strength and resilience of Black communities worldwide. Last Friday Krystian McInnis came and led an assembly for the school. He talked to us about being proud of who we are and of what makes us special and unique. He also talked about what power means and how we can show our power.



## Who Am I?

Krystian McInnis

Co-Founder of Reimagining Education

Consultant and Advisor

Board Member (UK and NZ)



## What Does PRIDE Mean?

Pride means feeling good about who you are.

It means loving your skin, your hair, your name, your story.

It means knowing you are special.



## What Does POWER Mean?

Power isn't about being the biggest.

It's about being strong on the inside.

It's about standing up for what's right.



**You are strong**  
**You are special**  
**Your voice matters**

**Be proud of who you are, always!**

Kris told us that we are powerful too. He left us with a challenge. Make sure that you tell someone one thing that you're proud of.

Celebrate YOU everyday.



**Remember: Stand tall, be proud, and never stop believing in YOU.**

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### Collective Worship

In our collective worship this week we explored the story of Mary and Martha. Martha was too busy to sit and listen to Jesus. We talked about how we do not need to be busy all the time but that we can stop and be in the moment.

#### Reflection Prompts:

- "What do you think Jesus meant when he said Mary had chosen what was better?"
- "When do you feel calm and close to God?"
- "How can we be more like Mary — making time to listen and rest?"

Nursery Prayer:  
Thank you God for food,  
And thank you for today.  
Bless our friends and family,  
And help us as we play.  
Amen



### Bible Reading - Luke 10:38-42

At the Home of Martha and Mary

<sup>38</sup> As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. <sup>39</sup> She had a sister called Mary, who sat at the Lord's feet listening to what he said. <sup>40</sup> But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" <sup>41</sup> "Martha, Martha," the Lord answered, "you are worried and upset about many things, <sup>42</sup> but few things are needed—or indeed only one. <sup>43</sup> Mary has chosen what is better, and it will not be taken away from her."

### Value: Friendship

If one falls down, a friend can lift him up.  
Ecclesiastes 4:10



Thank you to everyone who came to our Reception and Year 1 Phonics mornings. We hope that you found them really helpful and fun!

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