



AUTUMN MENU CYCLE WEEK ONE

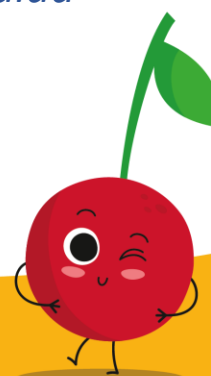
Walsgrave
Primary

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken and vegetable Pie	Beef Lasagne	BBQ Chicken	Beef Quesadilla	Fish Finger
VEGETARIAN COURSE	Pizza	Quorn Sausage in Gravy	Macaroni Cheese	Cheese and Onion Roll	Quorn Bolognaise
Jacket potato with various fillings offered each day					
VEGETABLE	Beans or Sweetcorn	Beans or Peas	Beans or Cabbage	Baked Beans or Sweetcorn	Peas or Beans
SIDES	Potato Wedges	Mashed potato	Herby Potatoes	Rice or Sauté	Chips
DESSERT	Apple Crumble , Yoghurt or Fresh Fruit	Chocolate Sponge and Custard Yoghurt or Fresh Fruit	Jelly or Blancmange , Yoghurt or Fresh Fruit	Carrot Cake, Yoghurt or Fresh Fruit	Cookie, Yoghurt or Fresh Fruit

Fresh Baked Bread and salad served Daily

Food Allergies and Intolerance

If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.





AUTUMN MENU CYCLE WEEK TWO

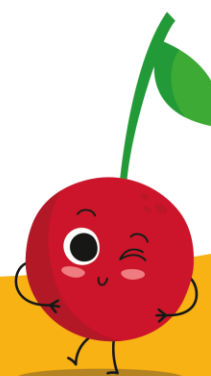
Walsgrave
Primary

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken and Sweetcorn Pasta Bake	Spaghetti Bolognaise	Roast Chicken Dinner and Yorkshire Pudding	Chicken Hot Dog	Fish of the Day
VEGETARIAN COURSE	Pizza	Quorn Nuggets	Quorn Stir-Fry	Vegetable Lasagne	Quorn Korma
Jacket potato with various fillings offered each day					
VEGETABLE	Beans or Sweetcorn	Green Beans or Baked Beans	Carrots and Peas or Beans	Beans or Sweetcorn	Rice Peas or Baked Beans
SIDES	Baked Wedges	Saute	Roast Potatoes	Diced Potatoes	Chips
DESSERT	Toffee Sponge Yoghurt or Fresh Fruit	Iced Sprinkle cake, Yoghurt or Fresh Fruit	Cookies, Yoghurt or Fresh Fruit	Chocolate Brownie, Yoghurt or Fresh Fruit	Ice cream , Jelly or Fresh Fruit

Fresh Baked Bread and salad served Daily



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AUTUMN MENU CYCLE WEEK THREE

Walsgrave
Primary

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Tuna Pasta Bake	Chicken Wrap	Chicken Nuggets	Chicken Meatballs	Fish of the Day
VEGETARIAN COURSE	Pizza	Quorn Cottage Pie	Quorn Sweet and Sour	Cheese Whirl	Quorn Burger
Jacket potato with various fillings offered each day					
VEGETABLE	Beans or Sweetcorn	Peas or Beans	Carrots or Beans	Sweetcorn and Peas or Baked Beans	Peas or Baked Beans
SIDES	Sauté Potato	Potato Wedges	Herby diced Potatoes	Spaghetti hoops	Chips
DESSERT	Apple Cake Yoghurt or Fresh Fruit	Brownie, Yoghurt or Fresh Fruit	Chocolate Sponge and Chocolate Custard, Yoghurt or Fresh Fruit	Oaty Flapjack, Yoghurt or Fresh Fruit	Cookies Jelly, Yoghurt or Fresh Fruit

Fresh Baked Bread and salad served Daily

Food Allergies and Intolerance

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